



MARIÁNSKÉ  
LÁZNĚ

# MARIÁNSKÉ LÁZNĚ

## 🇬🇧 Climatic Trails

- Four walking routes
- Map
- Ways to relax



### 1. Climatic trail

#### Through the forest to the Sun Meadow

The destination for our first climatic trail is a place called Kamzík – Sun Meadow where you'll find an exercise and relaxation zone for you, our visitors.

We start the trail at the famous Singing Fountain, and after visiting the surrounding Goethe Square we head along a yellow marked hiking trail. After climbing to the northern ridge around Mariánské Lázně, the trail heads to the Millennium Monument and a spot named Clements' Resting Place.

Along the way we can admire the beauty of the local mixed forest where deciduous trees dominate, thanks to which humidity levels here are higher. The trees also cool the area to a pleasant temperature creating wonderfully fresh air.

On the way back we descend along a forest trail surrounded by mature fir trees until we reach the spa area again. The trail ends at the town's Neo-Baroque colonnade.

### 2. Climatic trail

#### Through the Spa Park to the Rudolf Spring

The second climatic walk takes us through one of the most beautiful parks in Mariánské Lázně.

The trail begins at the Pavilion of the Cross Spring where you can fill a spa cup with water before setting out. The route follows the Úšovický Stream, its rushing waters accompanying you throughout your stroll. Whenever you need, you can seek refreshment in the stream's tempting, crystal-clear waters.

Along the trail you'll find intimate spots with benches and idyllic gazebos, ideal places for short breaks. If you fancy something tasty, en route we pass a cozy cafe.

This walk has been conceived as a circuit. That means you'll experience every part of this wonderful park, returning to the Singing Fountain via pretty footbridges and pathways.



[www.marianskelazne.cz](http://www.marianskelazne.cz)

## Mariánské Lázně – Climatic Spa

Mariánské Lázně is a particularly special spa town offering a wealth of naturally occurring medicinal resources.

Since 2023, the year the town was awarded climatic spa status, Mariánské Lázně has offered a combination of naturally occurring, curative resources: natural mineral water (springs), peat, spring gas and the afore-mentioned curative climate.

Spa parks, forests, viewing points and other aspects of this spa town come together to create trails that can benefit human health. To tap into these powers, all you have to do is be present, in both mind and body

This brochure contains four climatic trails and will guide you every step of the way.

Are you ready to clear your mind, free yourself of your worries and toss aside the stress of everyday life? Don earphones, ignore those work calls and prepare yourself for sensations you can only experience here, in Mariánské Lázně.

These four trails and a further 20 are available in an audio guide via the Smart Guide app. Download it by scanning the QR code below and discover Mariánské Lázně from an entirely different perspective.



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Tourist Information Center Mariánské Lázně

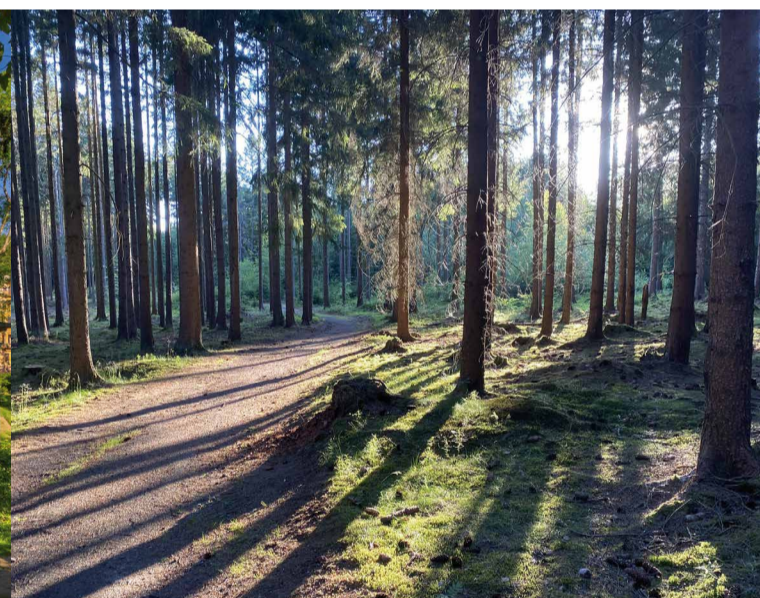
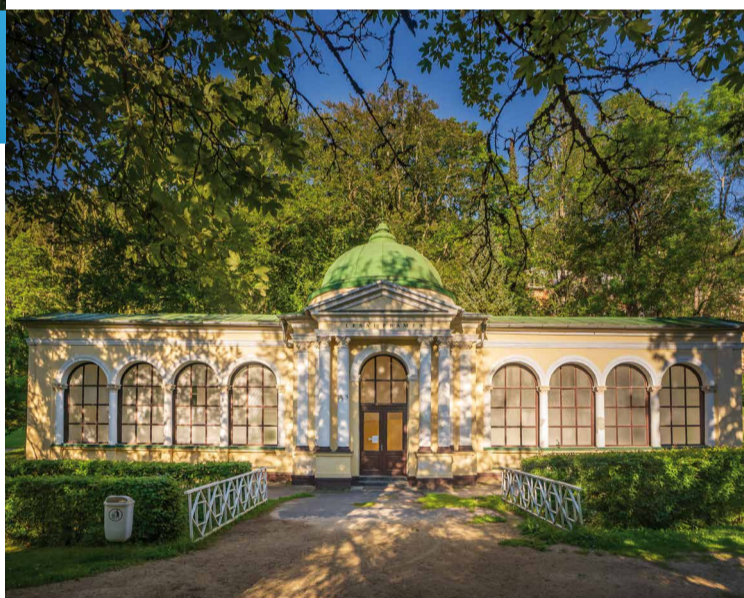
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Mariánské Lázně  
App



### 3. Climatic trail

#### Through the Geological Park to the Forest Spring

Beginning at the Neo-Baroque colonnade, the third climatic walk leads us to the Forest Spring.

We leave the colonnade past cascading decorative flower beds affording wonderful views of the Singing Fountain and part of the spa area. This takes us to Goethe Square.

From there we continue past the Municipal Museum and into the Geological Park. The forest in the park is a source of health-giving bioaerosol. The surrounding beech forests raise oxygen levels and have a pleasant effect on the ambient temperature. On the way out of the Geological Park we pass The Love Chapel and eventually reach the park near the Forest Spring.

Here you'll find pleasant grassy areas, ideal spots for meditation, exercise or stretches. Return to the pavilion of the Cross Spring via the Municipal Theatre.

### 4. Climatic trail

#### Through the forest to the Balbín and Medvědí (Bear) springs

Our last climatic trail in this brochure is a walk to the Forest and Bear springs.

We begin this trail at the colonnade housing the Karolina and Rudolf springs. There's a slight climb up to the town's cemetery where we join the green Metternich trail.

Surrounded by dense woodland, our route takes us deeper into the beauty of the Slavkovský Forest. A significant element of this walk is the silence and the perception of the forest as a place for finding inner personal tranquillity.

The Balbín Spring provides an iron-rich mineral water. High levels of carbon dioxide make drinking this mineral spring a particularly refreshing experience. This, along with other trace elements, seep into the area around the springs, lending this trail a unique health-giving aspect.

En route back to the town centre we pass the Bear Spring whose pleasant taste brings a satisfying climax to the trail that ends at the Singing Fountain.



**1. Climatic trail**

Through the forest to the Sun Meadow

**CATEGORY:**  
 1) Moderate effort required - Natural surroundings  
**TRAIL LENGTH:** 3.3 km  
**ELEVATION:** 120 m  
**TIME REQUIRED:** 67 min

**2. Climatic trail**

Through the Spa Park to the Rudolf Spring

**CATEGORY:**  
 1) Moderate effort required - Town  
**TRAIL LENGTH:** 5.4 km  
**ELEVATION:** 63 m  
**TIME REQUIRED:** 97 min

**3. Climatic trail**

Through the Geological Park to the Forest Spring

**CATEGORY:**  
 1) Moderate effort required - Mixed terrain  
**TRAIL LENGTH:** 2.7 km  
**ELEVATION:** 70 m  
**TIME REQUIRED:** 48 min

**4. Climatic trail**

Through the forest to the Balbín and Medvědí (Bear) springs

**CATEGORY:**  
 2) Some effort required - Natural surroundings  
**TRAIL LENGTH:** 6.2 km  
**ELEVATION:** 105 m  
**TIME REQUIRED:** 110 min

**MAP KEY**

- Climatic trail
- First-class road
- Second-class road
- Third-class road
- Other roads
- Paved roads, forest and field paths
- Railway
- Railway station
- Railway stop
- Wayside cross
- Chapel
- Church
- Monument
- Jewish cemetery
- Cemetery
- Buildings
- Gardens
- Industrial area
- Agricultural area
- Tourist shelter
- Hospital
- Gas station
- Municipal or city office
- Viewpoint
- Lookout tower
- Theater
- Sports hall
- Swimming pool
- Mineral spring
- Information center
- Museum
- Cinema
- Playground
- Shopping centre

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